

2024 Pretzel Twist 5K

Age Group Results

Race Date
September 21, 2024

Female Open Winners

							-----Total-----	
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	
1	Bryanna Urban		207	28	5	18:15.7	18:15.7	
2	Leah Mauer		173	33	9	19:16.0	19:16.0	

Male Open Winners

							-----Total-----	
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	
1	Jordan Cruise		22	26	1	16:35.6	16:35.6	
2	jake ilgenfritz		227	26	3	17:01.6	17:01.6	

2024 Pretzel Twist 5K

Age Group Results

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Female 14 and Under

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Arya Jones		53	11	69	26:19.9	26:30.4	
2	* Karlie Harver	Lancaster PA	42	10	98	28:53.5	29:05.9	
3	* Maisie Black		111	12	170	35:46.4	35:55.4	

Male 14 and Under

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Eli Hockenberry		145	12	26	22:20.4	22:28.1	
2	* Brook Zimmerman		233	13	56	25:09.1	25:15.7	
3	* Zeke Bender		11	11	59	25:26.6	25:40.5	
4	Jonathan Gladhill		136	13	66	26:15.7	26:27.9	
5	Mitchell Thompson		204	9	102	29:06.8	29:16.2	
6	Winston Dietroch		261	7	124	30:26.2	30:30.9	
7	Penn Dietrich		27	9	134	32:00.7	32:13.7	
8	Owen Black		112	10	196	41:48.1	41:56.7	
9	Charles Ruscigno		190	9	213	54:37.7	54:50.9	

Female 15 to 19

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Isabel Zwally		221	19	47	24:02.5	24:10.3	
2	* Ayla Zwally		222	18	91	28:27.9	28:36.1	
3	* Maya Murphy		181	18	92	28:28.4	28:36.3	

Male 15 to 19

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Wyatt Smucker		238	18	8	19:07.7	19:12.8	
2	* Ben Gladhill		135	17	12	19:53.5	20:00.2	
3	* Matt Lubin		169	17	20	21:34.6	21:42.2	
4	Brayden Fox		127	17	25	22:19.4	22:26.2	
5	Parker Host		236	17	45	23:59.1	24:05.7	
6	Anderson Kopp		161	17	111	29:32.4	29:48.5	
7	Jaxson Smith		86	19	139	32:31.4	32:56.9	

Female 20 to 24

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Keegan Simmons		84	22	68	26:16.1	26:29.9	
2	* Sarah Marshall		170	21	144	32:46.0	33:07.0	
3	* Angela Trievel		205	24	162	34:37.6	34:51.5	
4	Riley Simmons		83	22	186	38:46.1	38:59.5	

Male 20 to 24

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Carson Sands		193	21	143	32:45.8	33:07.6	

Female 25 to 29

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Sara O'Shea		184	29	11	19:49.5	19:54.4	

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Female 25 to 29

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
2	* Bethann Ilgenfritz		229	29	18	21:10.6	21:15.9	
3	* Jessica Klinger		158	28	57	25:19.9	25:34.7	
4	Miryam Montanez		177	27	60	25:53.4	25:59.7	
5	Annie Knabb		159	26	71	26:20.2	26:30.7	
6	Megan Kimmel		245	29	73	26:28.4	26:40.2	
7	Brianna Weaver	Lititz PA	214	29	76	26:38.9	26:55.3	
8	Krystal Huber		52	28	83	27:04.9	27:18.0	
9	Ally Fulginih		249	25	109	29:23.5	29:41.3	
10	Margaret Weaver		215	29	112	29:33.0	29:48.4	
11	Libby Masorti		58	27	130	31:11.1	31:34.3	
12	Aimee Censier		116	26	141	32:35.0	32:58.0	
13	Autumn McCartin		60	27	146	32:54.9	33:09.4	
14	Elizabeth De Los Santos		24	28	150	33:31.8	33:57.6	
15	Celine Frey		129	25	152	33:51.4	34:06.5	
16	Sara Bires	Lititz PA	12	28	154	33:56.6	34:13.6	
17	Emily Svetecz		88	29	176	36:44.4	37:02.4	
18	Tamy Estremera		30	29	221	56:22.0	56:32.9	

Male 25 to 29

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Henry Fisher		126	25	4	18:06.9	18:13.1	
2	* Michael Urban		225	28	7	18:46.3	18:50.5	
3	* Ian Judt		54	26	36	23:17.6	23:28.2	
4	Orlando Gomes		32	29	48	24:15.6	24:38.2	
5	Sam Painter		68	28	123	30:24.2	30:48.4	
6	Aaron Frey		130	28	153	33:51.5	34:06.6	

Female 30 to 34

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Kristin Bevkowitz		259	31	31	22:38.2	22:44.6	
2	* Holly Pannebecker		69	33	55	25:02.3	25:13.1	
3	* Kaley Reifsnnyder	Stevens PA	74	32	75	26:36.0	26:46.2	
4	Shannon Wolf	Ephrata PA	99	34	81	26:58.6	27:09.1	
5	Katherine Mitton		175	31	93	28:31.4	28:42.6	
6	Samantha Weaver		216	31	115	29:43.7	29:59.0	
7	Taylor Gustas		38	30	119	29:58.3	30:13.0	
8	Lori Kemper		157	34	133	31:46.5	31:59.9	
9	Renee Shirk		196	30	140	32:34.0	32:57.9	
10	Kelly Bauer		106	30	160	34:30.0	34:41.5	
11	Danielle Horst		49	30	193	40:50.2	41:13.0	
12	Emily Eckman		251	34	216	55:27.7	56:03.0	
13	Cat Wack		250	34	217	55:29.8	56:06.6	

Male 30 to 34

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Timothy Noble	Manheim PA	183	33	6	18:19.8	18:25.6	
2	* Austin Weaver	Lititz PA	213	31	10	19:37.8	19:44.2	
3	* Zak Kelly		155	33	13	19:58.4	20:03.3	
4	Alex Swan	Mechanicsburg PA	200	30	16	20:09.9	20:16.2	
5	Christopher Hoffman		146	30	24	22:12.8	22:17.3	
6	Ryan Brandon		16	33	30	22:37.7	22:46.0	
7	Ryan Heffner		43	32	46	24:01.2	24:25.1	
8	Michael Svetecz	Lancaster PA	87	30	50	24:38.3	24:55.0	
9	Matt Mousetis		179	30	51	24:39.5	24:55.1	
10	Jared Grosh		140	31	67	26:15.7	26:32.1	
11	Owen De Los Santos		119	31	77	26:40.0	27:06.1	
12	Andrew Bevkowitz		260	33	85	27:23.5	27:50.5	
13	Andrew Horst		50	30	87	27:29.7	27:52.6	
14	Matthew Carter		18	31	114	29:43.4	30:11.0	
15	Neil Grbach		137	32	126	30:33.9	30:49.1	
16	Brett Kemper		156	33	132	31:46.3	31:59.7	

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Age Group Results

Race Date
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Female 35 to 39

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Stacy Batz	East Petersburg PA	5	38	49	24:37.0	24:57.4	
2	* Robyn Weidner		95	37	99	28:53.8	29:06.0	
3	* Roselyne Valdez		209	36	105	29:13.0	29:26.7	
4	Ashley Griesemer	Reinholds PA	35	37	110	29:31.5	29:44.1	
5	Bethany Hix		47	35	113	29:39.4	29:48.6	
6	Kadeja Fritz		131	37	118	29:57.6	30:18.1	
7	Courtney Dietrich		26	36	136	32:02.0	32:14.6	
8	Jillian Best		108	35	147	32:56.9	33:07.0	
9	Mariya Thompson		203	39	166	35:02.5	35:11.9	
10	Jennifer Smoker	Lititz PA	198	38	168	35:18.7	35:49.2	
11	Julia Heinbaugh		44	35	171	36:04.0	36:29.3	
12	Katy Hubbard		148	36	183	38:11.5	38:46.2	
13	Melissa Keebler		55	38	205	50:12.4	50:32.1	
14	Brienna Rogers		187	36	210	51:38.3	52:16.3	
15	Erin Ruscigno		189	36	214	54:59.8	55:12.6	

Male 35 to 39

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Tyler Newhook	Lititz PA	232	35	2	16:59.2	17:03.3	
2	* Richard Horwath		51	38	14	20:01.9	20:06.7	
3	* Jon Martin		57	38	33	22:52.7	23:04.0	
4	Alex Baldowski		103	39	35	23:12.9	23:23.7	
5	Patrick Bachman		101	38	40	23:33.1	23:53.8	
6	Aaron Pannebecker		70	36	41	23:35.2	23:42.6	
7	Joseph Haywood		142	35	61	25:53.8	26:00.0	
8	Gregory Wier		96	36	90	28:13.7	28:29.2	
9	Brandon Batz	East Petersburg PA	6	38	96	28:34.9	28:55.3	
10	Schuyler Thompson		202	39	104	29:11.2	29:20.0	
11	Ben Henson		143	36	120	30:00.4	30:08.8	
12	Zach Barninger		104	39	125	30:30.1	30:41.6	
13	Brent Basehoar		231	35	137	32:02.0	32:21.1	
14	Thomas Black	Lititz PA	109	38	169	35:45.2	35:54.2	
15	Andrew Shaw		81	38	172	36:13.2	36:35.5	
16	Andrew Hake		141	39	175	36:37.4	36:48.5	
17	Dan Morath		178	38	207	50:54.3	51:31.0	

Female 40 to 44

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Patricia Bender		10	41	22	21:52.8	21:58.0	
2	* Sarah Sell		80	44	34	23:10.1	23:17.3	
3	* Kate Zimmerman		234	40	38	23:20.4	23:27.4	
4	Meghan Sears		257	43	74	26:28.4	26:41.9	
5	Viviana Barbosa		4	40	89	28:08.8	28:35.3	
6	Elizabeth Egitto	Grovetown	124	41	95	28:33.4	28:40.9	
7	Lindsay Scott		194	43	103	29:08.9	29:25.5	
8	Erin Callahan		223	42	117	29:52.3	30:07.0	
9	Meredith Bailey		102	41	155	33:58.3	34:16.9	
10	Mandy Sands		191	44	180	37:57.3	38:21.8	
11	Jessica Black		110	43	197	42:01.9	42:10.8	
12	Christina Bracken		113	43	198	42:37.2	42:57.1	
13	Adelia Edwards	Lititz PA	28	41	199	43:02.2	43:17.3	
14	Abby Edwards		29	40	203	46:27.1	46:45.5	
15	Danielle McWilliams		174	41	211	51:48.3	52:23.2	
16	Gretchen McKinley		254	43	218	55:46.1	56:23.3	

Male 40 to 44

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Brian Kohler		242	43	17	20:18.7	20:25.0	
2	* Scott Bauer		105	42	27	22:27.2	22:34.6	
3	* Aj Cordero		21	41	29	22:32.9	22:38.7	
4	Derek Smith		85	42	42	23:38.0	23:44.5	

2024 Pretzel Twist 5K

Age Group Results

Race Date
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Male 40 to 44

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
5	Brandon Drescher		122	44	53	24:45.8	24:55.3	
6	Michael Hockenberry		144	40	58	25:23.0	25:31.0	
7	Chad Hanson		41	43	82	27:01.4	27:15.3	
8	Jeffrey D,lullo		239	44	84	27:05.2	27:19.5	
9	Richard Scott		195	43	101	29:04.9	29:25.5	
10	Michael Fritz		132	40	121	30:05.7	30:26.9	
11	Kurt Legerlotz		243	41	127	30:45.2	31:05.9	
12	Robbie Garrett		133	41	181	37:58.1	38:22.5	
13	Aj Iannello		149	42	200	43:12.7	43:45.2	
14	Christian Roeboch		253	43	219	55:46.2	56:23.3	

Female 45 to 49

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Brooke Simmons		82	49	135	32:00.8	32:13.7	
2	* Stephanie Gerber	Lititz PA	134	45	142	32:42.7	33:03.3	
3	* Carrie Jo Matthews		171	46	161	34:31.6	34:45.7	
4	Shelly Ungemach		248	48	174	36:19.5	36:40.7	

Male 45 to 49

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Michael McCartin		59	48	23	22:09.0	22:19.5	
2	* Michael Boyer		15	45	39	23:22.7	23:31.0	
3	* Doug Matthews		172	46	52	24:43.4	24:54.4	
4	Joe Sands		192	45	179	37:56.0	38:20.5	

Female 50 to 54

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Kristin Kopp	Lancaster PA	160	52	54	24:57.3	25:06.6	
2	* Jennifer Mills	Palmyra PA	61	52	70	26:20.2	26:36.1	
3	* Sabrina Gillette		255	53	116	29:51.5	30:23.0	
4	Andrea Dissinger		121	50	122	30:08.6	30:14.6	
5	Julie Groff		139	53	145	32:53.2	33:12.3	
6	Julia Smucker		240	51	156	34:14.6	34:36.8	
7	Aimee Taylor		89	51	164	34:55.0	35:27.4	
8	Darla Cossette		117	50	167	35:10.6	35:28.0	
9	Marcella Vucenic		210	52	188	39:37.1	39:57.3	
10	Virginia Border		13	51	190	40:25.6	40:50.1	
11	Deanna Ritter		76	53	195	41:22.7	41:47.8	

Male 50 to 54

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Travis Hess	Lititz PA	45	51	15	20:06.2	20:10.5	
2	* Colin Cossette		118	53	21	21:46.6	22:01.8	
3	* Bj Dissinger		120	50	43	23:43.5	23:47.9	
4	Craig Dzurko		123	50	63	25:58.9	26:19.2	
5	Mark Vucenic		211	54	64	26:04.1	26:23.0	
6	Mark Murr	Lititz PA	182	54	78	26:41.7	26:54.8	
7	Alberto Guglielmetti		37	52	94	28:32.5	28:38.2	
8	Matthew Groff		36	52	100	28:57.4	29:16.6	
9	Jeff Lubin		168	52	149	33:20.8	33:44.6	
10	Steven Smucker		241	51	157	34:15.3	34:37.2	
11	Jason Williams		218	53	185	38:25.6	38:47.7	

2024 Pretzel Twist 5K

Age Group Results

Race Date
September 21, 2024

Female 55 to 59

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	Tracy Miller		224	55	72	26:23.5	26:32.2	
2	Bety Kimmel		244	59	86	27:28.5	27:40.7	
3	Beverly Leisey		165	56	159	34:23.8	34:53.4	
4	Heather Soistmann		199	57	173	36:19.3	36:40.8	
5	Lori Hagy		39	56	177	37:20.2	37:37.8	
6	Leigh Schnitzler		78	58	184	38:25.1	38:47.3	
7	Karyn Nancarvis		64	57	187	39:29.1	39:47.6	
8	Kathy Winpenny		219	58	191	40:31.4	41:00.5	
9	Jeannine Hohman	Lititz PA	147	59	194	40:54.1	41:26.7	
10	Michele Nastanovich	Lititz PA	65	57	204	46:50.0	46:58.1	
11	Diane Shupp		197	55	206	50:28.0	50:48.5	

Male 55 to 59

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	Alan Utter		208	58	32	22:42.2	22:49.0	
2	Don Wagner		212	57	37	23:20.0	23:25.5	
3	Mark Ritter	Camp Hill PA	262	55	138	32:04.1	32:28.4	
4	Troy Hagy		40	56	148	33:11.0	33:28.6	

Female 60 to 64

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1 *	Donna Ornosky		66	62	97	28:46.2	29:02.9	
2 *	Lori Switzer	Ephrata PA	201	60	108	29:23.1	29:44.7	
3 *	Roseann Mucci		180	63	163	34:51.5	35:18.3	
4	Sandy Thorpe		91	60	178	37:41.7	38:00.2	
5	Susan Hoover		48	60	208	51:25.4	51:35.2	

Male 60 to 64

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1 *	Brian Mitchell		230	63	44	23:47.6	23:53.5	
2 *	Barry Bross		114	62	62	25:58.8	26:15.3	
3 *	Robert Kelly		154	63	107	29:20.3	29:35.8	
4	Ross Thomson		90	63	129	30:56.4	31:12.4	
5	Beverly Leisey		164	64	165	34:57.4	35:27.0	
6	Tim Keller		226	61	182	37:58.6	38:33.1	
7	Taylor Winpenny		220	64	192	40:32.1	41:00.6	
8	Mark Bellavia	Lancaster PA	107	64	202	44:30.8	44:54.7	

Female 65 to 69

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1 *	Janis Wack		252	68	215	55:27.2	56:03.8	

Male 65 to 69

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1 *	Jeff Price		256	67	19	21:24.8	21:34.3	
2 *	Mike Keeports		258	65	28	22:30.9	22:36.2	
3 *	Donavon Graybill	Lititz PA	247	65	65	26:07.5	26:34.9	
4	Daniel Anderson		1	65	88	27:41.6	27:51.9	
5	David Hix	Birdsboro PA	46	67	128	30:49.6	30:59.6	
6	Dave Wise		97	65	131	31:32.3	31:47.0	
7	Glen Beiler	Akron PA	9	65	158	34:19.8	34:54.9	

2024 Pretzel Twist 5K

Age Group Results

Race Date
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Male 65 to 69

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
8	David Rogers		188	67	209	51:38.1	52:16.2	
9	Carl Spangler	East Petersburg	263	65	220	55:56.4	56:20.1	

Female 70 and Over

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Susan Truxal		206	73	189	39:40.1	39:50.2	

Male 70 and Over

							-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	
1	* Richard Klein		235	71	79	26:52.8	27:12.7	
2	* Juan Carro	Landisville PA	17	83	80	26:55.3	27:08.0	
3	* Richard Wildasin	Lebanon PA	217	70	106	29:16.0	29:31.9	
4	Fred Kohler	Lancaster PA	246	71	151	33:38.6	34:15.1	
5	Albert Iannello		150	79	201	43:13.7	43:45.5	
6	Patrick Kameen	Mount Joy PA	237	73	212	53:02.8	53:38.4	