

2022 Frozen Foot Race 3

Race Date

March 20, 2022

Overall Finish List

5K

Place								-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace	
1	Adam Cless		410	36	M	1 Open	17:34.3	18:24.6	5:56/M	
2	Julie Halteman	Elizabethtown PA	310	29	F	1 Open	17:56.8	18:44.8	6:03/M	
3	Kurt Degoede	Florin PA	282	52	M	1 Masters	18:27.4	19:15.2	6:13/M	
4	Ryan Shakely	Hummelstown PA	371	37	M	1 35-39	18:46.5	19:34.3	6:19/M	
5	Daniel Loizeaux	Elizabethtown PA	334	40	M	1 40-44	19:38.8	20:26.5	6:36/M	
6	Duane Koser	Mount Joy PA	328	54	M	1 50-54	19:54.5	20:42.2	6:41/M	
7	Amy Falk		400	50	F	1 Masters	20:14.4	21:03.5	6:48/M	
8	Aron Christiansen		409	33	M	1 30-34	20:20.5	21:10.8	6:50/M	
9	John Feighan	Lancaster PA	295	41	M	2 40-44	20:27.9	21:17.9	6:52/M	
10	Vincent Keefer	Lancaster PA	325	14	M	1 1-14	20:33.7	21:24.7	6:54/M	
11	Jonathan Croft	Hummelstown PA	281	37	M	2 35-39	20:38.9	21:28.1	6:56/M	
12	Steve Koon		405	58	M	1 55-59	20:46.5	21:36.0	6:58/M	
13	Tara Borgna	Lancaster PA	274	45	F	1 45-49	20:53.3	21:43.9	7:01/M	
14	Reagan Ibach	Manheim PA	322	15	F	1 15-19	21:06.4	21:55.3	7:04/M	
15	Elijah Swift	Palmyra PA	376	13	M	2 1-14	21:32.1	22:20.6	7:12/M	
16	Kris Castner	Lancaster PA	279	35	F	1 35-39	21:44.9	22:33.7	7:17/M	
17	Lou Starzl	East Petersburg PA	374	45	M	1 45-49	21:52.9	22:41.5	7:19/M	
18	Jerry Higley	Lebanon PA	317	67	M	1 65-69	22:10.8	22:59.3	7:25/M	
19	Danielle Berger	Lancaster PA	271	50	F	1 50-54	22:14.4	23:03.8	7:26/M	
20	Gage Myers	Lancaster PA	346	14	M	3 1-14	22:17.7	23:09.0	7:28/M	
21	Jenna Gest	Williamsport MD	304	18	F	2 15-19	22:33.0	23:22.6	7:32/M	
22	Jack Gest	Williamsport MD	305	52	M	2 50-54	22:33.5	23:23.1	7:33/M	
23	Jordan Degroft	Elizabethtown PA	284	15	M	1 15-19	22:59.9	23:09.5	7:28/M	
24	Kevin Hemingway, Jr.	Harrisburg PA	314	20	M	1 20-24	23:01.5	23:49.8	7:41/M	
25	Dalton Leash	Yorkana PA	331	25	M	1 25-29	23:12.5	24:02.2	7:45/M	
26	Shawn Miller	Elizabethtown PA	340	45	M	2 45-49	23:32.3	23:42.1	7:39/M	
27	Meghann Pierdon	Bainbridge PA	355	43	F	1 40-44	23:34.5	24:24.4	7:52/M	
28	Krista Templin	Elizabethtown PA	381	40	F	2 40-44	23:41.2	23:52.8	7:42/M	
29	Maura Ebersole	Wrightsville PA	408	40	F	3 40-44	23:46.8	24:37.0	7:56/M	
30	Bruce Hubbs	Swatara Township	321	23	M	2 20-24	23:55.4	24:47.1	8:00/M	
31	Christina Shenk	Elizabethtown PA	372	54	F	2 50-54	24:01.8	24:57.9	8:03/M	
32	Jean Kilheffer Hess	Columbia PA	326	47	F	2 45-49	24:04.5	24:54.5	8:02/M	
33	Karin Laszakovits	Elizabethtown PA	330	46	F	3 45-49	24:08.2	24:59.7	8:04/M	
34	Beth Forry	Elizabethtown PA	415	56	F	1 55-59	24:20.6	25:10.7	8:07/M	
35	Andrew Carroll	Lancaster PA	407	49	M	3 45-49	24:33.3	25:25.5	8:12/M	
36	Michael Trimble	Elizabethtown PA	382	49	M	4 45-49	24:46.0	25:36.5	8:16/M	
37	Ava Pyles		399	22	F	1 20-24	24:52.2	25:41.4	8:17/M	
38	James Smith	Elizabethtown PA	398	44	M	3 40-44	24:56.6	25:53.6	8:21/M	
39	Donna Vasiloff	New Cumberland PA	384	48	F	4 45-49	24:59.0	25:58.1	8:23/M	
40	Alex Mowery	Millersville PA	344	19	M	2 15-19	25:33.2	25:42.3	8:18/M	
41	Courtland Howard	Red Lion PA	320	67	M	2 65-69	25:35.9	26:23.9	8:31/M	
42	Matt Eberts	Lancaster PA	292	45	M	5 45-49	25:44.3	25:55.9	8:22/M	
43	Logan Troop	Columbia PA	383	9	M	4 1-14	25:44.8	26:33.0	8:34/M	
44	Susan Miller	Elizabethtown PA	341	46	F	5 45-49	25:53.0	26:03.7	8:24/M	
45	Abbie Acker	Columbia PA	267	42	F	4 40-44	26:11.3	26:59.9	8:43/M	
46	Mark Greenholt	Hampden Township	414	54	M	3 50-54	26:22.6	27:30.0	8:52/M	
47	Joyce Loizeaux	Elizabethtown PA	333	40	F	5 40-44	26:53.3	27:43.4	8:57/M	
48	Randy Mladenoff	Duncannon PA	342	68	M	3 65-69	26:54.9	27:04.3	8:44/M	
49	Andrea Black	Mount Joy PA	273	41	F	6 40-44	26:59.9	27:11.2	8:46/M	
50	Mark Rothenberger	Lancaster PA	364	46	M	6 45-49	27:07.8	27:19.1	8:49/M	
51	Kelly Rowell	Harrisburg PA	365	26	F	1 25-29	27:17.4	28:15.6	9:07/M	
52	Kerri Schaaf	Middletown PA	366	41	F	7 40-44	27:18.8	28:17.6	9:08/M	
53	Emily Geib	Harrisburg PA	303	27	F	2 25-29	27:19.9	28:10.4	9:05/M	
54	Paige Heslop		396	17	F	3 15-19	27:43.6	28:39.7	9:15/M	
55	Nicole Hart	Boiling Springs PA	313	52	F	3 50-54	27:52.9	28:53.4	9:19/M	
56	Maia Hampton	Elizabethtown PA	311	16	F	4 15-19	28:18.2	28:28.7	9:11/M	
57	Brian Frey	Ephrata PA	298	50	M	4 50-54	28:32.9	29:24.9	9:29/M	
58	Lydia Frey	Ephrata PA	299	11	F	1 1-14	28:38.7	29:30.8	9:31/M	
59	Jessica Dorsey	Dillsburg PA	288	33	F	1 30-34	28:44.3	29:42.1	9:35/M	
60	Julia Ernst	East Petersburg PA	293	13	F	2 1-14	28:54.8	29:45.8	9:36/M	
61	Michael Peffley		395	52	M	5 50-54	29:37.1	30:29.3	9:50/M	
62	Donna Ornosky	East Greenville PA	350	59	F	2 55-59	29:44.7	29:55.3	9:39/M	
63	Darlene Swift	Palmyra PA	375	53	F	4 50-54	29:47.4	30:36.9	9:53/M	
64	Karly Musser	Elizabethtown PA	345	30	F	2 30-34	29:52.5	30:50.9	9:57/M	
65	Laura Dipaolo	Lititz PA	287	32	F	3 30-34	29:52.6	30:51.0	9:57/M	
66	Shawn Degroft	Elizabethtown PA	283	43	M	4 40-44	29:56.0	30:05.2	9:42/M	
67	Kelly Rodgers	Manheim PA	363	48	F	6 45-49	30:04.4	30:53.4	9:58/M	

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Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace	
68	Anya Goldina	Elizabethtown PA	307	41	F	8 40-44	30:56.0	31:48.4	10:16/M	
69	Pamela Szajduk	Enola PA	377	56	F	3 55-59	31:20.6	32:16.7	10:25/M	
70	Jim Doyle	Lancaster PA	290	76	M	1 75-99	31:29.9	31:40.7	10:13/M	
71	Kristen Patterson	Elizabethtown PA	352	40	F	9 40-44	31:35.6	32:27.7	10:28/M	
72	Chip Hitz	Hummelstown PA	319	61	M	1 60-64	31:44.4	32:43.5	10:33/M	
73	Jacob Schaber	Elizabethtown PA	367	12	M	5 1-14	31:51.2	32:47.8	10:35/M	
74	Rachel McCarthy	Marietta PA	336	36	F	2 35-39	31:55.2	32:54.7	10:37/M	
75	Michael Patch	Elizabethtown PA	351	56	M	2 55-59	32:10.9	33:07.8	10:41/M	
76	Jessica Pflugler	Willow Street PA	353	24	F	2 20-24	32:13.0	33:01.7	10:39/M	
77	Jo Hershey	Elizabethtown PA	315	42	F	10 40-44	32:21.0	33:13.3	10:43/M	
78	Amy McGloshen	Lancaster PA	337	53	F	5 50-54	33:04.6	33:15.8	10:44/M	
79	Rose Ward	Columbia PA	385	70	F	1 70-74	34:16.9	34:27.2	11:07/M	
80	Gerhard Wendt	Ronks PA	386	52	M	6 50-54	34:36.0	35:28.0	11:26/M	
81	Linda Lines	Hallam PA	397	59	F	4 55-59	35:11.0	36:08.7	11:40/M	
82	Chas Bibleheimer	Elizabethtown PA	272	14	M	6 1-14	35:25.3	35:35.2	11:29/M	
83	Carter Cless		411	10	M	7 1-14	35:49.7	36:40.7	11:50/M	
84	Ethan Cless		412	6	M	8 1-14	36:03.8	36:54.2	11:54/M	
85	Erika Zinkan	Middletown PA	393	61	F	1 60-64	36:17.6	37:20.6	12:03/M	
86	Cindy Ebersole	Mount Joy PA	291	68	F	1 65-69	36:43.0	37:45.4	12:11/M	
87	Jemma Volchko		401	9	F	3 1-14	36:53.1	37:03.2	11:57/M	
88	Beth-Ann Quickel	Bainbridge PA	413	39	F	3 35-39	37:05.6	38:02.4	12:16/M	
89	Jennifer Volchko	Elizabethtown PA	402	38	F	4 35-39	37:07.4	37:17.1	12:02/M	
90	Jan Gaspich	Palmyra PA	302	57	F	5 55-59	37:12.7	38:18.4	12:21/M	
91	Lisa Janssen	Hershey PA	324	53	F	6 50-54	37:27.8	38:33.3	12:26/M	
92	Annabelle Schaber	Elizabethtown PA	368	9	F	4 1-14	37:28.5	38:24.9	12:24/M	
93	Pat Allwein	Mt. Gretna PA	268	72	F	2 70-74	37:34.2	37:45.4	12:11/M	
94	James Flurry	Lancaster PA	297	6	M	9 1-14	37:36.8	38:34.5	12:27/M	
95	Amanda Flurry	Lancaster PA	296	35	F	5 35-39	37:38.4	38:36.2	12:27/M	
96	Jerry Schaber	Elizabethtown PA	370	41	M	5 40-44	37:43.5	38:42.3	12:29/M	
97	Lindsay Gabers	Lititz PA	301	36	F	6 35-39	39:03.0	40:01.3	12:55/M	
98	Alexandra Campeau	Lititz PA	278	36	F	7 35-39	39:06.3	40:04.3	12:56/M	
99	Denise Snyder-Patch	Elizabethtown PA	373	50	F	7 50-54	39:14.1	40:11.5	12:58/M	
100	Jodi Groff	Lancaster PA	308	47	F	7 45-49	39:19.9	40:21.3	13:01/M	
101	Julianne Browne	Lancaster PA	275	56	F	6 55-59	39:32.9	40:34.4	13:05/M	
102	Jen Cless		403	35	F	8 35-39	39:40.3	40:41.3	13:08/M	
103	Colleen Knutsen	Palmyra PA	327	57	F	7 55-59	39:54.5	40:58.2	13:13/M	
104	Erika Wolf	Mountville PA	391	55	F	8 55-59	40:24.4	41:21.1	13:20/M	
105	Gail Mowery	Millersville PA	343	47	F	8 45-49	40:25.6	41:22.4	13:21/M	
106	Sherry Quickel	Elizabethtown PA	356	43	F	11 40-44	41:05.3	42:02.5	13:34/M	
107	Judy Anttonen	Millersville PA	404	80	F	1 75-99	41:26.3	41:37.4	13:26/M	
108	Jessica Schaber	Elizabethtown PA	369	41	F	12 40-44	43:24.9	44:26.2	14:20/M	
109	Ralph Detrick	Elizabethtown PA	285	81	M	2 75-99	43:34.6	44:39.1	14:24/M	
110	Kim Hitz	Hummelstown PA	318	61	F	2 60-64	43:40.8	44:41.1	14:25/M	
111	Mary Hess	Hershey PA	316	64	F	3 60-64	43:41.5	44:41.5	14:25/M	
112	Maryellen Winn	Romansville PA	388	67	F	2 65-69	44:37.8	45:44.5	14:45/M	
113	Nannette Handley	Mechanicsburg PA	312	62	F	4 60-64	45:15.1	46:14.3	14:55/M	