

# Frozen Foot 2015 Race 3

Race Date

March 08, 2015

## Overall Finish List

**5K**

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1	Tim Getz	Lancaster PA	1546	26	M	1 Top Fin	16:12.8	16:12.8	5:14/M
2	Daryl Weaver	Lititz PA	1872	41	M	1 Top Fin	16:33.8	16:35.5	5:20/M
3	Ashley Sollenberger	PA	1801	32	M	1 30-34	17:35.6	17:37.7	5:40/M
4	Mary Dell	Hummelstown PA	1894	26	F	1 Top Fin	18:05.6	18:12.0	5:50/M
5	Jim Agate	Hummelstown PA	1879	43	M	1 40-44	18:19.9	18:21.8	5:55/M
6	Eric Sollenberger	Wrightsville PA	1802	39	M	1 35-39	18:23.8	18:26.1	5:56/M
7	David Funk	Lebanon PA	1531	51	M	1 50-54	18:39.5	18:42.2	6:01/M
8	Timothy Ebersole	Middletown PA	1907	34	M	2 30-34	18:52.9	18:57.3	6:05/M
9	Bill Brent	Dover	1442	31	M	3 30-34	19:07.1	19:12.8	6:10/M
10	Duane Koser	Mount Joy PA	1623	47	M	1 45-49	19:07.2	19:08.9	6:10/M
11	Daniel Hoberg	Lancaster PA	1591	26	M	1 25-29	19:12.2	19:17.6	6:12/M
12	Bob Porambo	PA	1726	33	M	4 30-34	19:36.4	19:40.6	6:19/M
13	Andy Young	Mountville PA	1869	44	M	2 40-44	19:37.5	19:43.8	6:20/M
14	Kyle Daily	Elizabethtown PA	1477	34	M	5 30-34	19:49.4	19:52.2	6:24/M
15	Matthew Byers	Camp Hill PA	1452	34	M	6 30-34	19:50.3	19:53.5	6:24/M
16	Christopher Esh	Lititz PA	1514	44	M	3 40-44	19:50.9	19:54.7	6:24/M
17	Charles Scharf	Elizabethtown PA	1750	14	M	1 1-14	19:51.5	19:53.2	6:24/M
18	Adam Snoke	Landisville PA	1796	30	M	7 30-34	20:03.7	20:10.0	6:28/M
19	Jeffrey Slade	Lebanon PA	1784	28	M	2 25-29	20:03.9	20:08.4	6:28/M
20	James Dibble	Middletown PA	1492	30	M	8 30-34	20:04.9	20:09.9	6:28/M
21	Lou Bushman	Hershey PA	1451	36	M	2 35-39	20:07.1	20:12.2	6:29/M
22	Don Wagner	Lititz PA	1849	47	M	2 45-49	20:19.2	20:21.9	6:33/M
23	Glenn Mohler	Ephrata PA	1690	53	M	2 50-54	20:19.6	20:24.1	6:33/M
24	Ken Peters	Millersville PA	1878	42	M	4 40-44	20:24.6	20:27.0	6:35/M
25	Marc Hoffmeister	Carlisle PA	1594	44	M	5 40-44	20:24.7	20:26.9	6:35/M
26	Andy Evans	Elizabethtown PA	1517	40	M	6 40-44	20:30.0	20:37.2	6:37/M
27	Timothy Shea	Hummelstown PA	1762	20	M	1 20-24	20:30.4	20:38.6	6:37/M
28	Elliot Cassel	Hummelstown PA	1461	16	M	1 15-19	20:32.5	20:41.0	6:37/M
29	Michael Clapper	Lancaster PA	1463	48	M	3 45-49	20:40.1	20:54.9	6:40/M
30	Christopher Briotte	Hummelstown PA	1445	24	M	2 20-24	20:42.6	20:52.9	6:41/M
31	Gayle Hoffmeister	Carlisle PA	1593	47	F	1 Top Fin	20:49.2	20:51.7	6:43/M
32	Ryan Tiburtin	Lancaster PA	1891	30	M	9 30-34	20:53.2	20:57.3	6:44/M
33	Derek Geib	Manheim PA	1542	25	M	3 25-29	20:57.4	21:00.1	6:45/M
34	Josiah Helmer	Hummelstown PA	1575	13	M	2 1-14	21:06.2	21:12.4	6:48/M
35	Bob McEvoy	Elizabethtown PA	1669	44	M	7 40-44	21:14.4	21:21.4	6:51/M
36	Dwight Eichelberger	Rd PA	1506	52	M	3 50-54	21:16.0	21:24.5	6:52/M
37	Craig Cassel	Hummelstown PA	1460	50	M	4 50-54	21:20.1	21:35.0	6:53/M
38	Daniel Hayward		1571	36	M	3 35-39	21:23.3	21:26.6	6:54/M
39	Gregory Lavelle	Lancaster PA	1638	43	M	8 40-44	21:28.7	21:33.3	6:55/M
40	David Buckwalter	Elizabethtown PA	1448	15	M	2 15-19	21:29.7	21:32.3	6:56/M
41	Nat McCloud	Elizabethtown PA	1665	13	M	3 1-14	21:38.0	21:52.7	6:59/M
42	Jessica Brownsberger	Lititz PA	1446	32	F	1 30-34	21:41.0	21:44.1	7:00/M
43	Mark Clapper	Elizabethtown PA	1462	40	M	9 40-44	21:44.6	21:50.4	7:01/M
44	Don Helms	Hummelstown PA	1576	48	M	4 45-49	21:45.0	21:49.1	7:01/M
45	Christopher Scharf	Elizabethtown PA	1751	14	M	4 1-14	21:45.3	21:47.5	7:01/M
46	Christina Fidler	Ephrata PA	1888	33	F	2 30-34	21:46.9	21:52.3	7:01/M
47	Brian Mitchell	Denver PA	1881	54	M	5 50-54	21:48.3	21:51.2	7:02/M
48	Nick Jones	Harrisburg PA	1880	46	M	5 45-49	21:50.5	21:55.3	7:03/M
49	Joel Hoffsmith	Elizabethtown PA	1874	60	M	1 60-69	21:52.8	21:55.2	7:03/M
50	Jeanette Knaub		1618	35	F	1 35-39	21:53.1	22:02.5	7:04/M
51	Sam Grillo	Lancaster PA	1554	16	M	3 15-19	21:58.0	22:08.6	7:05/M
52	Rich Sievers	Elizabethtown PA	1779	56	M	1 55-59	22:03.1	22:10.0	7:07/M
53	Darryl Hoffer	Hershey PA	1592	48	M	6 45-49	22:04.1	22:13.0	7:07/M
54	Chris Williams	Strasburg PA	1862	42	M	10 40-44	22:19.0	22:20.8	7:12/M
55	Ally Confer	Hershey PA	1469	26	F	1 25-29	22:19.4	22:22.7	7:12/M
56	Alexandra Nalesnik	Elizabethtown PA	1701	14	F	1 1-14	22:19.9	22:26.9	7:12/M
57	Ben Creighton	Strasburg PA	1473	25	M	4 25-29	22:20.3	22:30.3	7:12/M
58	Joel Valvo	Palmyra PA	1841	37	M	4 35-39	22:22.5	22:28.0	7:13/M
59	Jeffrey Smith	Dauphin PA	1791	38	M	5 35-39	22:29.9	22:34.7	7:15/M
60	Ryan Sheidy		1765	39	M	6 35-39	22:32.0	22:40.3	7:16/M
61	Amber Knerr	Hegins PA	1619	28	F	2 25-29	22:33.9	22:38.7	7:16/M
62	Jim Schwalm	Enola PA	1757	39	M	7 35-39	22:38.8	23:10.8	7:18/M
63	Mark Laufer	Mountville PA	1637	57	M	2 55-59	22:40.0	22:53.2	7:19/M
64	Matthew Hix	Landisville PA	1590	32	M	10 30-34	22:42.0	22:53.5	7:19/M
65	John Haldeman	Lancaster PA	1563	42	M	11 40-44	22:44.9	22:52.4	7:20/M
66	Michael Landis	Lebanon PA	1634	43	M	12 40-44	22:46.3	22:55.2	7:21/M
67	Peter Gasper	Elizabethtown PA	1538	51	M	6 50-54	22:49.1	22:54.1	7:22/M

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5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
68	David Mann	Lebanon PA	1653	51	M	7 50-54	22:51.3	23:00.5	7:22/M
69	Laurie Funk	Lebanon PA	1532	51	F	1 50-54	22:51.4	22:57.6	7:22/M
70	Jarrold Kulp	Palmyra PA	1630	47	M	7 45-49	22:55.7	23:00.9	7:24/M
71	Matt Greenholt	Mechanicsburg PA	1551	22	M	3 20-24	23:03.8	23:21.4	7:26/M
72	Jerry Higley	Lebanon PA	1585	60	M	2 60-69	23:13.8	23:20.6	7:29/M
73	Yvonne Jackson	Hummelstown PA	1605	47	F	1 45-49	23:15.7	23:20.7	7:30/M
74	Tommy Bildheiser	Lebanon PA	1426	10	M	5 1-14	23:15.7	23:30.0	7:30/M
75	Bill Stahr	The Plains VA	1902	54	M	8 50-54	23:24.5	23:32.5	7:33/M
76	Nicole Hart	Boiling Springs PA	1568	44	F	1 40-44	23:28.3	23:34.0	7:34/M
77	Arthur Sullivan	Harrisburg PA	1826	63	M	3 60-69	23:29.2	23:33.0	7:35/M
78	Jodi Olympia	Hummelstown PA	1712	43	F	2 40-44	23:38.9	23:43.5	7:37/M
79	Holly Kahler	Lititz PA	1607	36	F	2 35-39	23:39.1	23:46.1	7:38/M
80	Sarah Capoferri	Lancaster PA	1457	14	F	2 1-14	23:41.0	23:54.9	7:38/M
81	Bennett Hughs		1600	33	M	11 30-34	23:46.3	23:54.2	7:40/M
82	Karin Laszakovits	Elizabethtown PA	1636	39	F	3 35-39	23:57.2	24:06.3	7:44/M
83	Alex Kreiger	Mount Joy PA	1901	23	M	4 20-24	23:57.3	24:11.4	7:44/M
84	Mark Murr	Manheim PA	1698	43	M	13 40-44	23:59.2	24:37.8	7:44/M
85	Karen Young	Boyds MD	1900	46	F	2 45-49	24:02.2	24:09.9	7:45/M
86	Wyatt Eaton	York PA	1505	26	M	5 25-29	24:02.4	24:06.0	7:45/M
87	Amy Koerner	Columbia PA	1622	32	F	3 30-34	24:04.6	24:15.7	7:46/M
88	Laura Bowman	Conestoga PA	1440	21	F	1 20-24	24:06.5	24:16.8	7:46/M
89	Brandon Hess	Mount Joy PA	1580	13	M	6 1-14	24:08.3	24:12.1	7:47/M
90	Joseph Hess	Mount Joy PA	1581	38	M	8 35-39	24:09.6	24:12.9	7:47/M
91	Samantha Bennici	New Milford PA	1423	19	F	1 15-19	24:16.3	24:25.7	7:50/M
92	Tiffany Enos-Lehman	York PA	1877	44	F	3 40-44	24:24.3	24:27.5	7:52/M
93	Nicolette Bell	Enola PA	1420	33	F	4 30-34	24:24.6	24:30.7	7:52/M
94	Darren Bowman	Lititz PA	1438	46	M	8 45-49	24:24.7	24:34.3	7:52/M
95	Kristopher Bleecher	Mount Joy PA	1431	37	M	9 35-39	24:25.3	24:51.5	7:53/M
96	Jen Kristich	Palmyra PA	1627	39	F	4 35-39	24:25.8	24:33.9	7:53/M
97	Michael Heider	Lancaster PA	1572	52	M	9 50-54	24:30.6	24:43.4	7:54/M
98	Albert Kurtz	Dover PA	1631	66	M	4 60-69	24:33.2	24:40.7	7:55/M
99	Andrew McKenna	Middletown PA	1671	50	M	10 50-54	24:33.2	24:38.9	7:55/M
100	Chad Rapp	Bainbridge PA	1728	27	M	6 25-29	24:33.4	24:41.0	7:55/M
101	Keith Shreiner	Elizabethtown PA	1773	54	M	11 50-54	24:37.4	25:01.1	7:56/M
102	Korey Schload	Marietta PA	1755	43	M	14 40-44	24:40.1	24:50.2	7:57/M
103	Kristen Snoke	Landisville PA	1797	28	F	3 25-29	24:47.9	24:55.0	8:00/M
104	Stephen Stoll	PA	1819	43	M	15 40-44	24:48.0	24:56.7	8:00/M
105	Lisa Cameron	Lititz PA	1455	55	F	1 55-59	24:49.2	25:00.5	8:00/M
106	Audrey Caleca	lititz PA	1454	39	F	5 35-39	24:49.5	25:29.1	8:00/M
107	Kenneth Senft	Harrisburg PA	1758	42	M	16 40-44	24:54.8	25:01.3	8:02/M
108	Jennifer Nikolaus	Mount Joy PA	1707	40	F	4 40-44	24:58.1	25:03.4	8:03/M
109	Peter O'Donoghue	Mountville PA	1714	52	M	12 50-54	25:00.8	25:09.5	8:04/M
110	Samantha Stackhouse	Elizabethtown PA	1811	14	F	3 1-14	25:02.0	25:12.8	8:05/M
111	Michelle Hoover	Mount Wolf PA	1596	28	F	4 25-29	25:02.8	25:12.8	8:05/M
112	Brady Lehman	York PA	1642	12	M	7 1-14	25:04.8	25:07.7	8:05/M
113	Brent Gregory	PA	1552	29	M	7 25-29	25:07.1	25:31.6	8:06/M
114	Gary Gehret	Reinholds PA	1541	58	M	3 55-59	25:15.5	25:21.9	8:09/M
115	Heidi Hershey	Palmyra PA	1577	46	F	3 45-49	25:16.3	25:59.4	8:09/M
116	Randy Mladenoff	Hershey PA	1689	61	M	5 60-69	25:18.6	25:30.3	8:10/M
117	Ron Fink	Elizabethtown PA	1520	46	M	9 45-49	25:18.6	25:34.2	8:10/M
118	Hanna Gebrejesus	Lancaster PA	1539	15	F	2 15-19	25:19.6	25:33.7	8:10/M
119	Adam Biuckians	Lancaster PA	1890	35	M	10 35-39	25:21.8	25:25.6	8:11/M
120	Dan Harnick	Lancaster PA	1566	60	M	6 60-69	25:24.4	25:32.6	8:12/M
121	Travis Wealand		1854	32	M	12 30-34	25:26.7	26:08.6	8:12/M
122	Katie Bell	Elizabethtown PA	1419	36	F	6 35-39	25:31.7	25:48.1	8:14/M
123	Tim Merkt	Elizabethtown PA	1682	42	M	17 40-44	25:34.8	25:50.2	8:15/M
124	Brandan Mehaffie	Hummelstown PA	1676	39	M	11 35-39	25:37.0	26:45.7	8:16/M
125	Elliot Stablebrink		1909	12	M	8 1-14	25:39.3	26:10.3	8:16/M
126	Leah Yingling	Elizabethtown PA	1868	30	F	5 30-34	25:40.3	26:03.9	8:17/M
127	Kevin Kleinfelter	Lebanon PA	1616	53	M	13 50-54	25:40.7	25:54.4	8:17/M
128	Gary Bowman	Conestoga PA	1439	49	M	10 45-49	25:46.7	25:59.2	8:19/M
129	Kevin Flatley	Lancaster PA	1521	44	M	18 40-44	25:47.9	26:01.6	8:19/M
130	Timothy Sullivan	Hummelstown PA	1827	50	M	14 50-54	25:48.7	25:59.4	8:19/M
131	Brittany Hartman	Manheim PA	1569	27	F	5 25-29	25:50.8	25:59.7	8:20/M
132	Michael Boozer		1436	38	M	12 35-39	25:52.7	26:15.9	8:21/M
133	Geams Blevins	Lititz PA	1433	68	M	7 60-69	25:53.7	26:32.8	8:21/M
134	William Krieger	Mount Joy PA	1625	53	M	15 50-54	25:54.5	26:07.7	8:21/M

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Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
135		Dawn Deets	Mountville PA	1484	39	F	7 35-39	25:58.9	26:34.3	8:23/M
136		Fritz Miklos	Elizabethtown PA	1683	11	M	9 1-14	26:01.3	26:05.2	8:24/M
137		Susan Miklos	Elizabethtown PA	1684	43	F	5 40-44	26:03.1	26:06.8	8:24/M
138		Henry Clapper	Lancaster PA	1905	9	M	10 1-14	26:15.5	26:30.6	8:28/M
139		James Smith	Elizabethtown PA	1790	36	M	13 35-39	26:17.1	26:40.8	8:29/M
140		Teresa Penna	Lebanon PA	1719	41	F	6 40-44	26:19.0	26:56.6	8:29/M
141		Emily Large	Harrisburg PA	1635	37	F	8 35-39	26:19.6	26:37.0	8:29/M
142		Susan Monroe	York PA	1875	33	F	6 30-34	26:22.9	26:39.4	8:30/M
143		Michael Bass	Greenwood DE	1415	42	M	19 40-44	26:28.9	26:39.3	8:32/M
144		Sheldon Horst	Columbia PA	1598	43	M	20 40-44	26:29.8	26:41.9	8:33/M
145		Pam Nyesmith	Elizabethtown PA	1710	44	F	7 40-44	26:30.1	26:46.7	8:33/M
146		Meredith Brickner	Elizabethtown PA	1443	28	F	6 25-29	26:31.8	26:48.4	8:33/M
147		Jim Pirtle	Mechanicsburg PA	1723	52	M	16 50-54	26:37.2	26:52.2	8:35/M
148		Kristin De Stefano	Elizabethtown PA	1482	42	F	8 40-44	26:43.8	27:19.8	8:37/M
149		Owen Shay	Mt. Gretna PA	1760	11	M	11 1-14	26:44.3	26:59.0	8:37/M
150		Lydia Mellinger	Lancaster PA	1678	24	F	2 20-24	26:47.7	27:01.7	8:38/M
151		Scott Kennedy	Middletown PA	1611	42	M	21 40-44	26:49.0	27:08.1	8:39/M
152		Benjamin Ritter		1731	41	M	22 40-44	26:51.2	26:53.8	8:40/M
153		Tom Sheckard	Hummelstown PA	1764	42	M	23 40-44	26:53.0	27:58.7	8:40/M
154		Rocky Parise	Elizabethtown PA	1716	35	M	14 35-39	26:58.8	27:23.5	8:42/M
155		Gregg Sweigert	Lititz PA	1829	33	M	13 30-34	26:59.4	27:46.2	8:42/M
156		Michael Fausnacht	Elizabethtown PA	1519	61	M	8 60-69	27:00.8	27:10.2	8:43/M
157		Scott Strait	Orrstown PA	1823	49	M	11 45-49	27:03.5	27:17.1	8:44/M
158		Laura Sholly	Palmyra PA	1772	37	F	9 35-39	27:12.7	27:31.3	8:46/M
159		Mindy Beck	Bath PA	1417	42	F	9 40-44	27:13.9	27:29.2	8:47/M
160		Jan Grinstead	Palmyra PA	1555	37	F	10 35-39	27:14.3	27:32.2	8:47/M
161		Ralph Simpson	Millersville PA	1783	56	M	4 55-59	27:16.6	27:52.3	8:48/M
162		Michael Masorti	Elizabethtown PA	1661	39	M	15 35-39	27:24.6	27:56.8	8:50/M
163		Melissa Nikolaus	Wrightsville PA	1709	33	F	7 30-34	27:26.5	27:47.7	8:51/M
164		Keith McElhenney	Columbia PA	1668	47	M	12 45-49	27:27.2	27:38.5	8:51/M
165		Sylvia Cveto	Lebanon PA	1893	47	F	4 45-49	27:32.3	27:40.0	8:53/M
166		Christopher Krobath	Harrisburg PA	1628	39	M	16 35-39	27:32.5	28:16.9	8:53/M
167		Justin Wallace	Enola PA	1851	39	M	17 35-39	27:33.1	28:16.7	8:53/M
168		Jerry Schaber	Elizabethtown PA	1748	34	M	14 30-34	27:33.8	27:49.9	8:53/M
169		Kianna King	New Holland PA	1614	16	F	3 15-19	27:36.5	28:09.5	8:54/M
170		Tom Blanck	Manheim PA	1429	57	M	5 55-59	27:37.3	27:47.2	8:55/M
171		Shirley De Perrot	Lititz PA	1480	54	F	2 50-54	27:41.8	27:51.7	8:56/M
172		Jill Whetstone	Harrisburg PA	1860	36	F	11 35-39	27:49.4	28:02.3	8:58/M
173		Chris Lackovic	Carlisle PA	1632	49	M	13 45-49	27:54.5	28:00.0	9:00/M
174		Richard Long	Camp Hill PA	1645	55	M	6 55-59	27:56.0	28:29.6	9:01/M
175		Kyler Shea	Hummelstown PA	1761	16	M	4 15-19	27:56.3	28:11.3	9:01/M
176		Kim Briggs	Lebanon PA	1444	48	F	5 45-49	27:57.4	28:22.5	9:01/M
177		Leayn Easterwood	Hershey PA	1504	45	F	6 45-49	27:57.8	28:35.0	9:01/M
178		Kristie Cliff	Lancaster PA	1465	38	F	12 35-39	27:59.4	28:43.5	9:02/M
179		Jim Doyle	Lancaster PA	1499	68	M	9 60-69	28:00.5	28:17.7	9:02/M
180		Laura Marks	Lancaster PA	1656	38	F	13 35-39	28:01.1	28:39.8	9:02/M
181		Brian Frey	Lancaster PA	1527	42	M	24 40-44	28:01.1	28:13.6	9:02/M
182		Christine Willett	New Cumberland PA	1861	43	F	10 40-44	28:01.6	28:44.8	9:02/M
183		Mandy Schlegel	Columbia PA	1754	31	F	8 30-34	28:01.8	28:19.1	9:02/M
184		Rebecca Hoyle	Wayne PA	1599	36	F	14 35-39	28:02.8	28:39.7	9:03/M
185		Maryglo Stroik	Mount Gretna PA	1825	33	F	9 30-34	28:03.5	28:21.1	9:03/M
186		Michael Silvestrini	Lancaster PA	1781	31	M	15 30-34	28:06.0	28:53.1	9:04/M
187		Jaime Warner	Mount Joy PA	1853	38	F	15 35-39	28:09.4	28:33.8	9:05/M
188		Bill Demuth	Hummelstown PA	1488	61	M	10 60-69	28:18.3	28:40.0	9:08/M
189		Zachary Sherk	Elizabethtown PA	1769	36	M	18 35-39	28:20.2	28:44.1	9:08/M
190		Cindy Demuth	Hummelstown PA	1489	59	F	2 55-59	28:20.3	28:41.0	9:08/M
191		Wallace Rejrat	Wynnewood PA	1730	28	M	8 25-29	28:23.4	28:40.8	9:09/M
192		Emma Blyler	Elizabethtown PA	1434	11	F	4 1-14	28:24.5	28:59.8	9:10/M
193		Gerhard Wendt	Harrisburg PA	1859	45	M	14 45-49	28:26.3	28:35.9	9:10/M
194		Kate Blyler	Elizabethtown PA	1435	38	F	16 35-39	28:28.7	29:05.0	9:11/M
195		Cassie Simanca	Mount Joy PA	1899	28	F	7 25-29	28:31.8	28:40.9	9:12/M
196		Harrison Eichelberger	Elizabethtown PA	1507	15	M	5 15-19	28:31.9	28:50.3	9:12/M
197		Kyra Buettner	Elizabethtown PA	1450	16	F	4 15-19	28:32.2	28:50.4	9:12/M
198		Conner Babinchak	Elizabethtown PA	1897	16	M	6 15-19	28:32.3	28:50.6	9:12/M
199		Hugh Darlington	Elizabethtown PA	1478	57	M	7 55-59	28:37.5	29:03.2	9:14/M
200		Emily Spencer	New Holland PA	1805	20	F	3 20-24	28:37.8	29:17.2	9:14/M
201		Janel Leymeister	PA	1644	50	F	3 50-54	28:39.3	28:56.9	9:15/M

March 08, 2015

Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
202	Jessica Schaber	Elizabethtown PA	1749	33	F	10 30-34	28:39.9	28:54.5	9:15/M
203	Kim Stone	Bressler PA	1820	36	F	17 35-39	28:44.1	29:01.6	9:16/M
204	Terry Lukehart	Lancaster PA	1650	57	M	8 55-59	28:44.1	29:25.6	9:16/M
205	Luke Sprenkle	Lancaster PA	1808	14	M	12 1-14	28:45.7	29:18.6	9:16/M
206	Paul Mitchell	Lebanon PA	1903	40	M	25 40-44	28:49.2	29:00.3	9:18/M
207	Mark Greenholt	Mechanicsburg PA	1550	47	M	15 45-49	28:51.9	29:54.3	9:18/M
208	Kathy Weaver	Lititz PA	1857	52	F	4 50-54	28:52.9	29:35.1	9:19/M
209	Lisa Bardsley	Palmyra PA	1414	39	F	18 35-39	28:55.2	29:15.5	9:20/M
210	Scott Duncanson	Camp Hill PA	1501	52	M	17 50-54	28:59.6	29:18.5	9:21/M
211	Liz Conn	Mt Joy PA	1470	37	F	19 35-39	29:02.4	29:38.7	9:22/M
212	Heather Groff	Mount Joy PA	1557	38	F	20 35-39	29:02.9	29:38.9	9:22/M
213	Shawn Vonstein		1846	44	M	26 40-44	29:07.1	29:25.1	9:24/M
214	Amanda Sheckard	Hummelstown PA	1763	22	F	4 20-24	29:13.6	30:20.6	9:25/M
215	Kelly Wobrak	Lancaster PA	1866	55	F	3 55-59	29:14.1	30:07.7	9:26/M
216	Stephanie Gingrich	Ephrata PA	1547	46	F	7 45-49	29:17.2	30:03.6	9:27/M
217	Sean Beck	Bath PA	1418	43	M	27 40-44	29:17.7	29:33.6	9:27/M
218	Diana Shenk	Manheim PA	1767	22	F	5 20-24	29:20.2	29:45.2	9:28/M
219	Matthew Angstadt	Hummelstown PA	1412	37	M	19 35-39	29:23.4	29:43.9	9:29/M
220	Marian Strait	Orrstown PA	1822	47	F	8 45-49	29:24.9	29:53.3	9:29/M
221	Alicia Dunlop	PA	1502	49	F	9 45-49	29:25.7	29:37.5	9:29/M
222	Pamela Hargraves	Lancaster PA	1565	45	F	10 45-49	29:26.9	30:12.1	9:30/M
223	Angela Parise	Elizabethtown PA	1715	33	F	11 30-34	29:27.2	29:51.3	9:30/M
224	Loretta Sauder	Ephrata PA	1746	40	F	11 40-44	29:28.1	30:05.5	9:30/M
225	Michele Byers	Lancaster PA	1911	39	F	21 35-39	29:28.5	29:50.5	9:30/M
226	Michele Stackhouse	Elizabethtown PA	1810	45	F	11 45-49	29:37.5	29:50.2	9:33/M
227	Kara Newcomer	Lancaster PA	1703	28	F	8 25-29	29:40.4	29:48.4	9:34/M
228	Walter Newcomer	Manheim PA	1704	59	M	9 55-59	29:40.4	29:48.1	9:34/M
229	David Scharf	Elizabethtown PA	1752	44	M	28 40-44	29:41.1	30:11.8	9:35/M
230	Dawn Groleau	Harrisburg PA	1558	45	F	12 45-49	29:41.3	30:26.1	9:35/M
231	Katie Higgins	Harrisburg PA	1584	35	F	22 35-39	29:43.1	30:27.3	9:35/M
232	Judy Phipps	Ephrata PA	1722	51	F	5 50-54	29:49.7	30:29.6	9:37/M
233	Anne Garber	Elizabethtown PA	1537	39	F	23 35-39	29:51.4	30:22.1	9:38/M
234	Kallista Scharf	Elizabethtown PA	1753	16	F	5 15-19	29:53.3	30:11.9	9:38/M
235	Kim Kingsley	Lancaster PA	1615	45	F	13 45-49	30:10.1	30:21.8	9:44/M
236	Sue Hoffsmith	Elizabethtown AK	1595	56	F	4 55-59	30:11.7	30:25.4	9:44/M
237	Ashley Mercado		1679	29	F	9 25-29	30:16.3	30:38.3	9:46/M
238	Ben Lorah	Camp Hill PA	1646	35	M	20 35-39	30:17.7	30:42.7	9:46/M
239	Mindy Nguyen	Annaville PA	1705	44	F	12 40-44	30:18.4	30:38.7	9:46/M
240	Christina Varner	Harrisburg PA	1843	47	F	14 45-49	30:19.3	31:08.5	9:47/M
241	Richard Troutman	Manheim PA	1839	66	M	11 60-69	30:21.5	30:30.8	9:47/M
242	Kelcey Bucks	Lebanon PA	1447	33	F	12 30-34	30:22.9	30:43.4	9:48/M
243	Michael McGowan	Lancaster PA	1670	38	M	21 35-39	30:23.1	30:50.4	9:48/M
244	Gary Garbacik	Camp Hill PA	1536	45	M	16 45-49	30:23.7	30:50.4	9:48/M
245	Danielle Garbacik	Camp Hill PA	1535	16	F	6 15-19	30:25.0	30:51.7	9:49/M
246	Doug Hitton	Marietta PA	1587	36	M	22 35-39	30:28.7	31:01.0	9:50/M
247	Jack Hess	Hershey PA	1882	22	M	5 20-24	30:34.5	31:06.4	9:52/M
248	Michael Hillman	Harrisburg PA	1873	31	M	16 30-34	30:35.8	31:10.0	9:52/M
249	Wendell Buckwalter	Elizabethtown PA	1449	51	M	18 50-54	30:36.1	30:54.1	9:52/M
250	Gisselle Talley		1833	45	F	15 45-49	30:39.2	31:01.4	9:53/M
251	Mireille Cottle	Elizabethtown PA	1472	45	F	16 45-49	30:40.1	31:07.8	9:54/M
252	Stephanie Mader	Harrisburg PA	1652	38	F	24 35-39	30:45.4	31:32.6	9:55/M
253	Donna Nice	Harrisburg PA	1706	45	F	17 45-49	30:47.1	31:32.7	9:56/M
254	Susan Truxal	Lancaster PA	1840	63	F	1 60-69	30:50.8	30:57.4	9:57/M
255	Katie Royer		1737	35	F	25 35-39	30:52.0	31:12.2	9:57/M
256	Gayle Merkt	Elizabethtown PA	1681	42	F	13 40-44	30:53.1	31:28.1	9:58/M
257	Julie Horst	Columbia PA	1597	42	F	14 40-44	30:54.2	31:08.3	9:58/M
258	Rick Lown	Elizabethtown PA	1648	47	M	17 45-49	30:55.2	31:19.6	9:58/M
259	Shawn Miller	Elizabethtown PA	1686	38	M	23 35-39	30:58.4	31:18.5	9:59/M
260	Nicole Abel	Mechanicsburg PA	1409	24	F	6 20-24	31:00.8	31:40.9	10:00/M
261	Jan Geispich	Palmyra PA	1904	50	F	6 50-54	31:03.4	31:35.5	10:01/M
262	Amanda Ruth	Lebanon PA	1738		F	1 0-0	31:03.8	31:29.3	10:01/M
263	Robin Kauffman	Mount Joy PA	1608	56	M	10 55-59	31:12.1	32:32.0	10:04/M
264	Patricia Berecin	Shippensburg PA	1884	48	F	18 45-49	31:12.9	31:41.5	10:04/M
265	Gerald Rutherford	Elizabethtown PA	1739	41	M	29 40-44	31:15.6	31:45.9	10:05/M
266	Jill Freedman	Hummelstown PA	1526	33	F	13 30-34	31:18.9	31:51.6	10:06/M
267	Katie Pennay	Hummelstown PA	1720	31	F	14 30-34	31:21.0	31:59.4	10:07/M
268	Jill Fuhrman	Lebanon PA	1529	40	F	15 40-44	31:22.4	32:00.7	10:07/M

# Frozen Foot 2015 Race 3

Race Date  
March 08, 2015

## Overall Finish List

**5K**

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
269	Mitch Romig	Mount Joy PA	1735	29	M	9 25-29	31:27.2	31:37.9	10:09/M
270	Sue Ittleson	Palmyra PA	1603	38	F	26 35-39	31:27.9	32:02.4	10:09/M
271	Cara Krodel	Lebanon PA	1629	27	F	10 25-29	31:28.5	31:51.2	10:09/M
272	Anne Masorti	Elizabethtown PA	1660	39	F	27 35-39	31:29.7	32:02.0	10:09/M
273	Ethan Cronin	Elizabethtown PA	1475	10	M	13 1-14	31:36.8	32:09.8	10:12/M
274	Claire Sheppard		1908	13	F	5 1-14	31:36.9	32:14.2	10:12/M
275	Rob Cronin	Elizabethtown PA	1476	38	M	24 35-39	31:37.2	32:10.0	10:12/M
276	Sarah Stickler	Wrightsville PA	1817	15	F	7 15-19	31:37.6	31:59.4	10:12/M
277	Ashlan Smith	Elizabethtown PA	1786	13	F	6 1-14	31:38.3	32:01.1	10:12/M
278	Cassandra Smithson	Lancaster PA	1794	47	F	19 45-49	31:38.5	32:19.7	10:12/M
279	Alli Stover	York PA	1821	34	F	15 30-34	31:39.5	32:17.8	10:13/M
280	Edward Wilson	Mount Joy PA	1865	57	M	11 55-59	31:48.2	32:10.5	10:15/M
281	Amy Good	York PA	1549	38	F	28 35-39	31:51.6	32:19.1	10:16/M
282	Stephanie Gehman	Mount Joy PA	1540	35	F	29 35-39	31:51.6	32:19.1	10:16/M
283	Kristen Gregory	PA	1553	28	F	11 25-29	31:52.2	32:16.3	10:17/M
284	Amanda Heisey	Elizabethtown PA	1574	37	F	30 35-39	31:58.1	32:22.5	10:19/M
285	Caroline Lawrence	PA	1639	45	F	20 45-49	32:00.6	32:40.1	10:19/M
286	Linda Simpson	Millersville PA	1782	56	F	5 55-59	32:01.3	32:36.9	10:20/M
287	Erin Stewart		1815	36	F	31 35-39	32:06.7	32:30.7	10:21/M
288	Brian Bender	Harrisburg PA	1421	44	M	30 40-44	32:08.9	32:28.2	10:22/M
289	Tracey Bender	Harrisburg PA	1422	36	F	32 35-39	32:09.1	32:28.5	10:22/M
290	Aimee Smoker	Willow Street PA	1795	45	F	21 45-49	32:16.4	32:28.2	10:25/M
291	Jamie Easterwood	Hershey PA	1503	13	F	7 1-14	32:19.6	32:56.7	10:25/M
292	Carrie Hillman		1586	28	F	12 25-29	32:25.6	32:59.8	10:27/M
293	Stacy Heiserman	Marietta PA	1573	44	F	16 40-44	32:28.0	32:55.5	10:28/M
294	Rosalie Pechiro	Lancaster PA	1717	29	F	13 25-29	32:29.5	33:05.8	10:29/M
295	Rebecca Sprenkle	Lancaster PA	1809	40	F	17 40-44	32:29.6	33:08.6	10:29/M
296	Olissa Clingenpeel	Manheim PA	1885	10	F	8 1-14	32:31.1	33:15.6	10:29/M
297	Anne Martinez	Philadelphia PA	1658	35	F	33 35-39	32:34.5	33:10.7	10:30/M
298	Leslie Bleistein	Richland PA	1432	49	F	22 45-49	32:36.0	33:02.8	10:31/M
299	Sean Pendrak	Camp Hill PA	1718	41	M	31 40-44	32:36.6	33:13.1	10:31/M
300	Ed Klinedinist		1617	51	M	19 50-54	32:42.0	32:52.4	10:33/M
301	Sofia Stablebrink		1910	11	F	9 1-14	32:47.0	33:20.5	10:35/M
302	Meghan Stalebrink	Hummelstown PA	1812	40	F	18 40-44	32:47.6	33:21.6	10:35/M
303	Tony Eisenberger	Lancaster PA	1508	45	M	18 45-49	32:53.3	33:34.1	10:36/M
304	Ken Gall	Marietta PA	1533	54	M	20 50-54	32:55.7	33:11.6	10:37/M
305	Mary Weidman		1858	62	F	2 60-69	32:59.3	33:32.9	10:38/M
306	Ken Stauffer	Elizabethtown PA	1813	41	M	32 40-44	32:59.8	33:42.4	10:38/M
307	Jennifer Shultz	Mount Joy PA	1777	44	F	19 40-44	33:11.7	33:38.1	10:42/M
308	Eric Shultz	Mount Joy PA	1776	44	M	33 40-44	33:12.0	33:38.3	10:43/M
309	Jen Mask		1659	38	F	34 35-39	33:18.8	33:47.9	10:45/M
310	Dawn Spencer	New Holland PA	1804	51	F	7 50-54	33:22.6	34:02.1	10:46/M
311	Santina Sperling	Harrisburg PA	1806	30	F	16 30-34	33:26.5	34:10.0	10:47/M
312	Derek Hartman	York PA	1570	38	M	25 35-39	33:47.6	34:36.4	10:54/M
313	Joanne Platt	Lane PA	1725	42	F	20 40-44	33:48.3	34:33.8	10:54/M
314	Niki Carlisle	Mechanicsburg PA	1458	32	F	17 30-34	33:49.6	34:02.8	10:55/M
315	Angie Vicchiotti	York PA	1844	35	F	35 35-39	33:50.7	34:38.9	10:55/M
316	Amy Snyder	Mount Joy PA	1798	28	F	14 25-29	33:55.6	34:06.9	10:56/M
317	David Towery	Annaville PA	1836	43	M	34 40-44	33:57.0	34:30.2	10:57/M
318	Jennifer Towery	Annaville PA	1837	44	F	21 40-44	33:57.3	34:30.4	10:57/M
319	Nadine Byler	Palmyra PA	1453	46	F	23 45-49	34:13.3	34:30.2	11:02/M
320	Meggan Swisher	Mechanicsburg PA	1830	37	F	36 35-39	34:17.2	35:03.4	11:04/M
321	Melanie Morrow	Harrisburg PA	1693	46	F	24 45-49	34:17.7	35:03.6	11:04/M
322	Chloe Erb	Middletown PA	1511	12	F	10 1-14	34:18.7	34:57.2	11:04/M
323	Michele Smith	Lititz PA	1793	38	F	37 35-39	34:20.1	34:37.0	11:05/M
324	Joel Ernst	East Petersburg PA	1512	37	M	26 35-39	34:24.2	34:44.1	11:06/M
325	Lauren De Stefano	Elizabethtown PA	1483	12	F	11 1-14	34:28.9	35:04.6	11:07/M
326	Chip Hitz	Hummelstown PA	1588	54	M	21 50-54	34:34.1	35:03.1	11:09/M
327	Mariandl Hufford	Devon PA	1896	49	F	25 45-49	34:36.6	35:02.8	11:10/M
328	Isabella Hain	Maytown PA	1562	11	F	12 1-14	34:36.7	34:55.8	11:10/M
329	Gina Leed	Ephrata PA	1640	45	F	26 45-49	34:45.5	35:33.5	11:13/M
330	Chelsea Erb	Middletown PA	1510	30	F	18 30-34	34:45.5	35:24.0	11:13/M
331	Erin Mowrer	Mount Joy PA	1695	36	F	38 35-39	34:50.0	35:31.1	11:14/M
332	Fawn Davies	Elizabethtown PA	1479	45	F	27 45-49	34:51.8	35:26.8	11:15/M
333	Sue Bensinger	Elizabethtown PA	1424	48	F	28 45-49	34:51.9	35:05.2	11:15/M
334	Greg Kerek		1613	75	M	1 70-99	34:56.2	35:12.0	11:16/M
335	Christine Fake	Lititz PA	1518	51	F	8 50-54	35:06.5	35:46.2	11:19/M

March 08, 2015

Overall Finish List

5K

Place							-----Total-----			
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace	
336	Margaret Saunders	Lancaster PA	1747	58	F	6 55-59	35:10.5	35:54.8	11:21/M	
337	Kathi Markley	Lancaster PA	1655	52	F	9 50-54	35:10.8	35:43.3	11:21/M	
338	Ann Shryock		1775	53	F	10 50-54	35:13.4	36:02.9	11:22/M	
339	Judith Mondschein	Hummelstown PA	1692	60	F	3 60-69	35:15.6	35:55.8	11:22/M	
340	Jennifer Strickler	Manheim PA	1824	39	F	39 35-39	35:17.3	35:33.2	11:23/M	
341	John Markley	Lancaster PA	1654	60	M	12 60-69	35:24.0	35:58.8	11:25/M	
342	Awilda Mercado	Mount Joy PA	1680	47	F	29 45-49	35:30.9	36:06.7	11:27/M	
343	Katarina Delnero	Coplay PA	1889	20	F	7 20-24	35:32.0	35:47.6	11:28/M	
344	Kelly Muldowney	Lancaster PA	1696	36	F	40 35-39	35:34.0	36:30.5	11:28/M	
345	Nathan Eshleman	Elizabethtown PA	1515	50	M	22 50-54	35:34.1	35:47.4	11:28/M	
346	Rose Ward	Columbia PA	1852	63	F	4 60-69	35:34.8	36:11.6	11:28/M	
347	Kimberly Dierwechter	Enola PA	1494	36	F	41 35-39	35:38.4	36:28.8	11:30/M	
348	Karen Bramley	Hummelstown PA	1441	49	F	30 45-49	35:41.6	36:29.3	11:31/M	
349	Mary Checco	Elizabethtown PA	1892	40	F	22 40-44	35:54.7	36:32.6	11:35/M	
350	Amanda Blaugher	Middletown PA	1895	28	F	15 25-29	36:01.9	36:45.4	11:37/M	
351	Kyle Anderson	Elizabethtown PA	1411	19	M	7 15-19	36:05.4	36:35.7	11:38/M	
352	Keli Anderson	Elizabethtown PA	1410	49	F	31 45-49	36:05.5	36:35.7	11:38/M	
353	Chris Harris		1567	65	M	13 60-69	36:09.0	37:00.0	11:40/M	
354	Jessica Hutchinson	Marietta PA	1601	34	F	19 30-34	36:12.9	36:50.5	11:41/M	
355	Shannon Mitchell	Columbia PA	1688	26	F	16 25-29	36:24.6	37:01.7	11:45/M	
356	Chet Szczepanski		1831	65	M	14 60-69	36:35.4	37:16.1	11:48/M	
357	Stacey Conrad	Millersville PA	1471	39	F	42 35-39	36:36.3	37:08.8	11:48/M	
358	Suzanne Szczepanski	Elizabethtown PA	1832	59	F	7 55-59	36:39.8	37:37.4	11:49/M	
359	F E Black	Hummelstown PA	1427	70	M	2 70-99	36:41.0	37:07.0	11:50/M	
360	Mary Ober	Mount Joy PA	1711	39	F	43 35-39	36:56.2	37:37.2	11:55/M	
361	Lee Ann Grisolano	Palmyra PA	1556	46	F	32 45-49	36:58.3	37:27.3	11:55/M	
362	Colleen Knutsen	Palmyra PA	1620	50	F	11 50-54	36:59.0	37:47.9	11:56/M	
363	Gloria Martin	Ephrata PA	1657	52	F	12 50-54	37:02.4	37:28.9	11:57/M	
364	Michael Deitrich	Lancaster PA	1487	33	M	17 30-34	37:05.8	37:36.1	11:58/M	
365	Amanda Flurry	Lancaster PA	1523	27	F	17 25-29	37:15.2	37:42.4	12:01/M	
366	Adam Flurry	Lancaster PA	1522	27	M	10 25-29	37:15.3	37:42.4	12:01/M	
367	Ava Sheppard	Hummelstown PA	1906	10	M	14 1-14	37:33.2	38:07.8	12:07/M	
368	Penny Sheppard	Hummelstown PA	1768	45	F	33 45-49	37:35.6	38:11.2	12:07/M	
369	Julie Hess		1582	20	F	8 20-24	37:39.4	38:11.5	12:09/M	
370	Patricia Cole		1468	52	F	13 50-54	38:18.0	38:52.0	12:21/M	
371	Renee Reimer	Mechanicsburg PA	1729	45	F	34 45-49	38:33.7	39:18.5	12:26/M	
372	Judi Snyder	Annaville PA	1800	44	F	23 40-44	38:48.2	39:38.2	12:31/M	
373	Ralph Detrick	Elizabethtown PA	1491	73	M	3 70-99	39:07.7	39:49.1	12:37/M	
374	Paige Vradenburgh	PA	1848	33	F	20 30-34	39:19.0	39:39.9	12:41/M	
375	Marycatherine Hess	Hershey PA	1583	57	F	8 55-59	39:29.9	40:01.2	12:44/M	
376	Kim Hitz	Hummelstown PA	1589	54	F	14 50-54	39:30.0	40:01.3	12:45/M	
377	Frederick Vos	Lancaster PA	1847	60	M	15 60-69	39:35.4	39:49.9	12:46/M	
378	Louise Hyder-Darlington	Elizabethtown PA	1602	54	F	15 50-54	39:50.9	40:16.8	12:51/M	
379	Nancy Shrom	Ephrata PA	1774	54	F	16 50-54	40:08.1	40:50.0	12:57/M	
380	Megan Zimmerman	Lititz PA	1871	15	M	8 15-19	40:14.0	40:56.9	12:59/M	
381	Lyndell Sahd	Lancaster PA	1743	40	M	35 40-44	40:14.6	40:56.9	12:59/M	
382	Monica Elbert	Lancaster PA	1509	45	F	35 45-49	40:20.7	40:59.1	13:01/M	
383	Kevin Mullen		1697	39	M	27 35-39	40:42.7	41:32.6	13:08/M	
384	Marcia Clingenpeel	Manheim PA	1466	52	F	17 50-54	40:47.1	41:35.7	13:09/M	
385	Richard McCullough	Lititz PA	1666	80	M	4 70-99	40:49.7	41:02.8	13:10/M	
386	Jessica Rockey		1733	29	F	18 25-29	41:16.6	42:05.8	13:19/M	
387	Erin Lamoreaux		1633	38	F	44 35-39	41:16.8	42:06.1	13:19/M	
388	Rebecca Hertzog	Leola PA	1578	35	F	45 35-39	41:25.0	42:12.0	13:22/M	
389	Kylie Nikolaus	Wrightsville PA	1708	15	F	8 15-19	41:37.3	41:59.6	13:25/M	
390	Katrina Zimmerman		1912	32	F	21 30-34	41:51.5	41:51.5	13:30/M	
391	Brian Condron	Lancaster PA	1883	71	M	5 70-99	42:11.3	42:41.2	13:36/M	
392	Sofia Andia	York PA	1876	13	F	13 1-14	42:30.8	42:54.0	13:43/M	
393	Terry Ernst	Lancaster PA	1513	65	F	5 60-69	42:52.3	43:38.2	13:50/M	
394	Aimee Radel	Hershey PA	1727	29	F	19 25-29	43:30.7	44:22.5	14:02/M	
395	Neely Spicer	Mount Gretna PA	1807	40	F	24 40-44	44:24.6	44:46.2	14:19/M	
396	Ronald Guyer	Mechanicsburg PA	1561	39	M	28 35-39	44:42.3	45:47.2	14:25/M	
397	Cindy Frey	Mount Joy PA	1528	51	F	18 50-54	44:53.0	45:41.4	14:29/M	
398	Judy Swarthout	Elizabethtown PA	1828	65	F	6 60-69	45:18.8	45:36.6	14:37/M	
399	Nevin Rutherford	Elizabethtown PA	1740	10	M	15 1-14	45:44.5	46:14.3	14:45/M	
400	Carlee Guyer	Mechanicsburg PA	1559	8	F	14 1-14	46:19.5	47:24.0	14:56/M	
401	Kimberly Guyer	Mechanicsburg PA	1560	46	F	36 45-49	46:20.6	47:25.4	14:57/M	
402	Sara Dockery		1497	36	F	46 35-39	46:34.0	47:27.3	15:01/M	

# Frozen Foot 2015 Race 3

Race Date  
March 08, 2015

## Overall Finish List

**5K**

<b>Place</b>							<b>-----Total-----</b>		
<b>Overall</b>	<b>Name</b>	<b>City</b>	<b>Bib No</b>	<b>Age</b>	<b>Gen</b>	<b>AG Place</b>	<b>Chip Time</b>	<b>Gun Time</b>	<b>Pace</b>
403	Tammy Rutherford	Elizabethtown PA	1741	40	F	25 40-44	46:50.7	47:20.5	15:06/M
404	Kathy Lubbers	Palmyra PA	1649	44	F	26 40-44	46:56.9	47:26.1	15:08/M
405	Tamara Campbell	Lancaster PA	1456	46	F	37 45-49	47:50.8	48:47.6	15:26/M
406	Alex Mayer	Akron PA	1662	24	M	6 20-24	47:50.9	48:47.9	15:26/M
407	Isla Wurst	Lancaster PA	1898	68	F	7 60-69	48:15.4	48:47.4	15:34/M
408	Cozette Zimmerman	Elizabethtown PA	1870	20	F	9 20-24	49:24.4	50:10.7	15:56/M
409	Ashley Moss	PA	1694	30	F	22 30-34	50:29.7	51:26.1	16:17/M
410	Mandi Mease	Hummelstown PA	1672	39	F	47 35-39	50:30.2	51:26.4	16:17/M
411	Valerie Stewart	Elizabethtown PA	1816	36	F	48 35-39	51:24.4	52:23.5	16:35/M
412	Jessica Smith	York PA	1792	33	F	23 30-34	51:37.0	52:33.4	16:39/M
413	Robert Wobrak	Lancaster PA	1867	57	M	12 55-59	52:07.0	53:06.2	16:49/M
414	Phillip Musselman	Dover PA	1700	32	M	18 30-34	54:40.3	55:38.4	17:38/M
415	Allison Musselman	Dover PA	1699	30	F	24 30-34	54:40.9	55:38.8	17:38/M
416	Jennifer McDonald	Elizabethtown PA	1667	38	F	49 35-39	55:18.8	56:18.8	17:50/M